

MICHAEL TODD SESSION NOTES



“The world needs leaders who will be here, sustained for generations and when you find the right pace between great results and genuine rest, your life can make a beautiful melody.”

In 2015, Michael Todd and his wife Natalie were entrusted with the leadership of Transformation Church. With a vision to reach their community, city, and world with the Gospel in a relevant and progressive way, they've grown rapidly. Each week, their church service serves 25,000 attendees both live and online. Todd's influence reaches far beyond the church walls with the viral expansion of social media, including five of his talks with over 1 million views on YouTube alone.

PERSONAL REFLECTION

1. What is the rhythm, pace, or tempo of your leadership? Is your pace too fast and/or unsustainable? Rate yourself below:

1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

(1 = UNSUSTAINABLE PACE, 10 = PERFECT PACE)

2. Michael Todd talks about Leadership Unity, a balance between integrity, health, family, recreation, character, joy, and fulfillment.

Is everything in your leadership unified and moving at the same pace? The pace is not fast or slow, it's set at a sustainable ongoing tempo. Is everything getting the right measure of attention and health that it needs? Rate yourself below.

(1 = NOT ENOUGH ATTENTION, 10 = TOO MUCH ATTENTION, 5 = PERFECT PACE)

1 2 3 4 5 6 7 8 9 10
SPENDING QUALITY TIME WITH MY
FAMILY & FRIENDS

1 2 3 4 5 6 7 8 9 10
EXCELLING IN SCHOOL (IF APPLICABLE)



“Striding is to walk with long decisive steps in a specific direction. The pace of walking lasts longer. Many of us are not as successful internally as we look externally”

1 2 3 4 5 6 7 8 9 10

ACHIEVING AT WORK (IF APPLICABLE)

1 2 3 4 5 6 7 8 9 10

ENJOYING PHYSICAL FITNESS AND
A HEALTHY LIFESTYLE (EXERCISING
AND EATING RIGHT)

1 2 3 4 5 6 7 8 9 10

ACHIEVING AT WORK (IF APPLICABLE)

**“It doesn’t matter if you are
successful if your life isn’t
healthy.”**



NEXT STEPS

Commit to following through on these next four steps for one month and see how your leadership changes and grows.

1. Get a vision of yourself rested and whole!
2. Make it visual – write down the goal of how you want to see yourself in 12 months
3. Be verbal – tell a trusted person in your life about how you are going to make some changes.
4. Don’t violate the pace you’ve set - Follow through on your decisions.

**‘Vision is what you see when your eyes
are closed. How do you want to see
yourself?’**

